

**Here are some tips for a successful video visit with us!**

1. In general, we want your child to be with you, although they don't have to be there for the whole visit depending on the reason for the visit.
2. Sit with your child in good light, make sure the light is in front of you and not behind you.
3. Be in a quiet, private place. Teens may need a private place to talk, they could even go sit in the car.
4. Consider weighing your child before the visit or taking their temperature.
5. Take a picture and send it through the portal if there is something specific to look at ahead of time, we can see much better detail this way.
6. Complete and return any paperwork screening ahead of time through the portal.
7. Have their medications handy.
8. Have a list of questions or concerns.
9. When you input the link on your device and are in the "waiting room", do the precall test, to test your video and audio to make sure it is working. Refresh the screen if it was working and now is not.
10. If you are waiting a while, call the clinic to make sure there is not a problem.

**Call us today to schedule a telemedicine visit or with any questions! We are here for you!**